

Oven BBQ Burgers

from Alice Mathews

Burgers

1 ½ pounds ground beef
1 c milk
¾ c oatmeal
3 T onion, minced
1 ½ tsp salt
½ tsp pepper

Sauce

2 c catsup
3 T vinegar
2 T Worcestershire sauce
2 tsp dry mustard
½ c brown sugar
1 c water
6 T onion, minced

Mix all burger ingredients together. Form into size burgers you want.
Lightly flour the burgers, and brown in a small amount of oil.
Place in a 9 x 13 pan

Heat all sauce ingredients until warm.
Pour over burgers.

Bake 30 minutes at 350°

Serve on buns. Spoon some of the sauce from the pan over the burger.